

Antenatal workshop by LifeCell International

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Antenatal workshop by LifeCell International LifeCell International Pvt. Ltd., the pioneers in umbilical cord blood stem cell banking, research & therapy in India, organised an Antenatal Workshop for expectant mothers in Kolkata today at the Senator Hotel. The workshop was attended by many expectant mothers and was conducted by Dr. Sonali Shivlani, an antenatal specialist from Mumbai. The class spoke on the various measures to have a safe and enjoyable pregnancy and taught the eager mothers to prepare for labour, delivery and early motherhood. First time mothers found the classes especially beneficial as they learnt techniques of relaxation, exercises and massaging skills to stay healthy during pregnancy and even after delivery. That apart, they were also provided with information on stem cell banking. Commenting on this, Mr. Mayur Abhaya, Executive Director, LifeCell International, said “It is important that pregnant women prepare their body, mind and spirits and feel positive about pregnancy. This will help them approach labor with confidence and calmness. We are delighted to bring forth such opportunities to the expectant mothers. Being an industry leader in stem cell technology, we accept it as our responsibility to interact with our audience and educate them about the potential of stem cells.” This antenatal class provides insights into post natal activities such as breast feeding and infancy management. Moreover the classes also equipped mothers with skills and instilled confidence in them to make giving birth a positive experience.